

Signature Creations™ Nutritional Information

	Serving weight (g)	Size	Total calories (cal)	Total fat (g)	Saturated fat (g)	Trans fat (g)	Cholesterol (mg)	Sodium (mg)	Total carbohydrate (g)	Dietary fiber (g)	Sugars (g)	Added sugars (g)	Protein (g)
Signature Creations™													
Apple Pie A La Cold Stone®	200	Like It®	460	22	14	0.5	95	180	60	1	48	39	5
Apple Pie A La Cold Stone	299	Love It®	720	36	22	1.0	150	280	92	1	73	59	7
Apple Pie A La Cold Stone	412	Gotta Have It®	990	51	32	1.5	225	360	121	1	99	80	10
Banana Caramel Crunch™	190	Like It	450	25	13	0.5	95	150	51	2	41	30	6
Banana Caramel Crunch	318	Love It	740	40	21	1.0	150	250	87	3	69	49	10
Banana Caramel Crunch	431	Gotta Have It	1010	56	30	1.5	225	330	116	3	95	69	13
Birthday Cake Remix™	209	Like It	670	28	16	0.5	85	310	85	2	62	54	7
Birthday Cake Remix	311	Love It	890	41	25	1.0	130	430	121	2	91	79	9
Birthday Cake Remix	424	Gotta Have It	1180	56	34	1.5	190	550	155	2	119	101	12
Berry Berry Berry Good®	244	Like It	390	20	13	0.5	80	100	45	2	38	24	5
Berry Berry Berry Good	329	Love It	590	32	20	1.0	130	160	67	2	56	38	7
Berry Berry Berry Good	442	Gotta Have It	860	48	30	1.5	195	240	95	2	81	57	10
Cake Batter Batter Batter™	227	Like It	700	32	16	1.0	85	460	97	2	66	57	8
Cake Batter Batter Batter	312	Love It	920	43	23	1.0	130	560	123	2	87	74	10
Cake Batter Batter Batter	425	Gotta Have It	1210	58	32	1.5	190	690	158	2	114	96	13
Cheesecake Fantasy®	216	Like It	420	21	13	0.5	75	200	52	1	39	28	4
Cheesecake Fantasy	306	Love It	650	34	21	1.0	120	310	78	1	59	44	7
Cheesecake Fantasy	419	Gotta Have It	920	49	31	1.5	180	430	109	1	85	64	10
Chocolate Devotion™	210	Like It	610	30	17	0.5	85	250	76	3	61	53	8
Chocolate Devotion	313	Love It	880	45	26	1.0	135	340	108	5	90	76	12
Chocolate Devotion	426	Gotta Have It	1150	61	36	1.5	195	420	135	6	115	95	16
Coffee Lovers Only®	170	Like It	480	29	15	0.5	85	190	50	1	42	33	6
Coffee Lovers Only	279	Love It	790	47	25	1.0	135	310	85	2	71	57	10
Coffee Lovers Only	392	Gotta Have It	1060	64	35	1.5	200	390	113	2	96	76	13
Cookie Doughn't Want Some™	210	Like It	610	30	18	0.5	95	320	81	1	61	52	6
Cookie Doughn't Want Some	322	Love It	910	45	27	1.0	155	420	120	1	95	80	10
Cookie Doughn't Want Some	435	Gotta Have It	1180	60	37	1.5	230	500	149	2	121	101	13
Cookie Mintster®	175	Like It	480	25	14	0.5	80	200	60	0	48	40	5
Cookie Mintster	292	Love It	820	42	23	1.0	125	350	105	1	83	70	8
Cookie Mintster	405	Gotta Have it	1090	57	33	1.5	190	430	135	1	110	91	11
Cookies Make Everything Batter™	180	Like It	510	26	16	0.5	75	240	63	0	47	37	5
Cookies Make Everything Batter	288	Love It	840	42	24	1.0	120	420	106	0	76	62	8
Cookies Make Everything Batter	401	Gotta Have It	1130	57	33	1.5	175	550	141	1	104	85	11
Don't Cry Over Spilled Silk	204	Like It	510	30	13	0.0	0	250	55	4	36	31	9
Don't Cry Over Spilled Silk	324	Love It	730	41	20	0.0	0	340	87	6	58	49	11
Don't Cry Over Spilled Silk	437	Gotta Have it	960	51	28	0.0	0	440	120	7	81	73	12
Dough for It!™	197	Like It	630	27	15	0.5	70	390	93	1	68	61	6
Dough for It!	296	Love It	930	39	23	1.0	110	520	139	1	107	96	9
Dough for It!	409	Gotta Have it	1230	53	32	1.5	165	690	178	2	137	120	12
Dough-lightful Peanut Butter™	188	Like It	620	34	15	0.5	70	380	69	2	54	46	11
Dough-lightful Peanut Butter	295	Love It	950	50	23	1.0	110	560	114	3	91	78	15
Dough-lightful Peanut Butter	408	Gotta Have It	1240	63	31	1.5	165	730	153	3	120	103	18
Founder's Favorite®	216	Like It	640	34	16	1.0	95	290	78	2	59	50	7
Founder's Favorite	326	Love It	940	51	24	1.0	145	410	111	3	87	73	11
Founder's Favorite	439	Gotta Have It	1210	67	34	1.5	210	490	139	3	112	92	14
Germanchocolatecake®	213	Like It	640	35	17	1.0	90	290	74	4	56	47	8
Germanchocolatecake	318	Love It	940	53	26	1.0	135	400	104	6	81	67	12
Germanchocolatecake	431	Gotta Have It	1210	69	36	1.5	195	490	131	7	106	86	16
Mint Mint Chocolate Chocolate Chip®	210	Like It	610	29	16	0.5	90	240	80	2	63	55	7
Mint Mint Chocolate Chocolate Chip	313	Love It	880	44	25	1.0	135	320	113	3	93	80	10
Mint Mint Chocolate Chocolate Chip	426	Gotta Have It	1150	59	35	1.5	200	400	143	3	120	102	13
Mud Pie Mojo®	196	Like It	620	40	17	0.5	80	300	56	2	44	34	12
Mud Pie Mojo	308	Love It	940	58	26	1.0	130	440	93	3	73	58	16
Mud Pie Mojo	421	Gotta Have It	1210	74	36	1.5	195	520	121	3	98	77	19

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Signature Creations™													
One Smart Brookie™	227	Like It®	710	30	15	0.5	80	510	103	2	68	60	8
One Smart Brookie	312	Love It®	940	41	22	1.0	120	640	132	2	91	79	10
One Smart Brookie	425	Gotta Have It®	1230	54	30	1.5	175	820	171	2	120	103	13
Oreo® Overload	186	Like It	530	28	16	0.5	80	200	65	1	52	44	5
Oreo Overload	311	Love It	900	48	27	1.0	130	360	114	2	90	77	9
Oreo Overload	424	Gotta Have It	1170	64	37	1.5	195	440	142	2	115	96	12
Our Strawberry Blonde®	212	Like It	460	24	16	0.5	75	170	56	1	44	31	5
Our Strawberry Blonde	311	Love It	710	37	24	1.0	125	270	87	1	68	51	7
Our Strawberry Blonde	424	Gotta Have It	970	52	33	1.5	185	340	116	1	94	71	10
Peanut Butter Cup Perfection®	192	Like It	590	38	17	0.5	75	290	54	3	47	37	12
Peanut Butter Cup Perfection	303	Love It	910	55	27	1.0	125	430	89	4	79	64	18
Peanut Butter Cup Perfection	416	Gotta Have It	1180	71	37	1.5	185	510	116	5	104	83	22
Reese's Peanut Butter Awesome Sauce	177	Like It	540	36	16	0.5	85	240	48	2	41	33	9
Reese's Peanut Butter Awesome Sauce	297	Love It	950	64	27	1.0	135	440	81	4	70	56	17
Reese's Peanut Butter Awesome Sauce	410	Gotta Have It	1220	80	37	1.5	200	520	109	4	95	75	20
Somewhere Over the Rain-dough™	170	Like It	500	22	16	0.5	70	230	72	0	58	51	4
Somewhere Over the Rain-dough	268	Love It	800	34	23	1.0	110	360	117	0	95	85	7
Somewhere Over the Rain-dough	381	Gotta Have It	1100	48	32	1.5	165	530	156	0	125	109	10
Surrender to Strawberry™	206	Like It	420	23	15	0.5	80	160	50	1	42	29	5
Surrender to Strawberry	304	Love It	660	35	22	1.0	130	290	78	1	65	48	7
Surrender to Strawberry	417	Gotta Have It	920	50	31	1.5	190	360	107	1	91	68	10
The Way the Cookie Crumbles™	177	Like It	520	25	15	0.5	70	300	70	1	51	45	5
The Way the Cookie Crumbles	284	Love It	850	40	23	1.0	110	510	116	1	83	73	8
The Way the Cookie Crumbles	397	Gotta Have It	1150	54	31	1.5	165	680	155	1	113	97	11
Very Berry Non-Dairy	244	Like It	330	13	10	0.0	0	115	52	4	36	30	2
Very Berry Non-Dairy	329	Love It	500	21	17	0.0	0	190	76	4	54	47	3
Very Berry Non-Dairy	442	Gotta Have It	730	31	25	0.0	0	280	109	5	77	71	4
Creations for Kids													
Beary Beary Blue™	100	Kids	250	12	7	0.0	50	70	31	0	25	21	3
Delicious Dirt™	96	Kids	260	14	8	0.0	45	100	29	1	23	19	3
Sprinkleberry™	95	Kids	240	13	9	0.0	45	55	28	0	23	19	2

Percent Daily Values are based on a 2,000 calorie diet. 2,000 calories a day is used for general nutrition advice, but calorie needs vary.

The Nutritional Information Cold Stone Creamery® has provided is based on standard product formulations. Product variations may occur based on regional differences, ingredient substitutions, seasonal conditions, differences in product production at the store and suppliers. Some items listed may not be available in all stores. This list may not include test products, limited time offers, custom orders, self-service orders and regional menu variations.

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